

Mental Health Clinician

Do you have a genuine passion for quality mental health services and an interest in supporting our older people living in residential aged care facilities in the ACT?

Think Mental Health (TMH) are seeking to fill a newly created Mental Health Clinician position (Health Professionals and Support Services Award 2020, Health Professional Level 1 or 2) to be part of the new project delivering psychological services into Residential Aged Care Homes (RACHs). This role will involve provision of clinical services as in-reach into RACHs, including opportunities for training of facility staff.

We are seeking an enthusiastic, dedicated and skilful team member with experience in clinical service provision, ideally with older adults. An understanding of the aged care sector or interest in developing specialist knowledge is important in this role. Some responsibilities of successful candidates will include; assessing residents' mental health, delivering individual and group based psychological interventions and liaise with key stakeholders.

TMH respects, values and encourages workforce diversity and is committed to creating an inclusive workplace. As part of this commitment, Aboriginal and Torres Strait Islander peoples, people with disability, culturally diverse people and those who identify as LGBTIQ+ are encouraged to apply. We believe that diversity in our people enriches our organisation as well as the communities we serve.

ELIGIBILITY/ OTHER REQUIREMENTS:

The preferred applicant for this role will need to have entitlement to work in Australia and hold appropriate registration and accreditation in line with their qualifications. They will also be required, prior to commencing, to obtain (or produce evidence of) a Working with Vulnerable Person's card, in addition to undergoing a police check. The applicant will require a Class C driver's licence as the service is provided as in-reach to RACHs across the ACT, access to a work vehicle will be provided.

Please see position description for further details. This position is part-time and can up to 4 days, can be job share arrangement, with flexibility for the right applicant.

HOW TO APPLY:

Applications should include a copy of their current resume and a one-page cover letter outlining why you would be a great fit for this position, taking into consideration the required skills, knowledge and experience outlined in the position description.

For more information on the organisation, please visit [Think Mental Health | Think Mental Health \(thinkmh.com.au\)](https://www.thinkmh.com.au)

Contact Officer: Jason McCrae, Director and Project Lead, via jason@thinkmh.com.au

Supporting material: Job description

POSITION DESCRIPTION

Mental Health Clinician

Section:	Think Community Services
Program:	Psychological Services to Residential Aged Care Homes (RACHs)
Reports to:	Manager, Think Community Services
Duration:	Part-time, flexible, up to 4 days, can be job share, long-term contract position

Think Mental Health Vision, mission and values

Think Mental Health (TMH) is committed to delivering high-quality and safe healthcare services to the local Canberra community. We recognise the importance of building collaborative relationships with stakeholders and engaging with our local networks to build awareness about mental health services.

Our Vision: To provide a high quality, timely and safe service to staff and residents of RACHs across the ACT, centred on the biopsychosocial model of aging, with a focus on improving the wellbeing of residents.

Our Mission: Leading the provision of high-quality mental health care by increasing awareness and access to exceptional services.

Our Values: Compassion, Relationship and Collaboration, Authenticity and Humanity, Inclusiveness and Predictability, Safety, Empowerment and Choice.

What we do

Think Mental Health (formerly Think Psychology Solutions) is a private organisation founded in 2011 by two local clinical psychologists, Vanessa Hamilton and Jason McCrae. We deliver both a private mental health clinic (Think Clinic) and a range of community sector mental health services, supported by government funding.

Think Community Services delivers the ACT wide phone service for Head to Health, in addition to delivering both the Canberra and soon to open Tuggeranong Medicare Mental Health Centres. Medicare Mental Health Centre's are nation-wide Adult Mental Health services supported by funding from the Capital Health Network (CHN) through the Commonwealth Department of Health and Ageing. TMH are also the lead agency in delivering the new project focused on increasing access to psychological services within Residential Aged Care Homes (RACHs).

Position Purpose

As a clinician in a small team, the position is responsible for delivering evidence-based assessments, interventions, and therapeutic services to individuals with mild to moderate mental health needs who reside in RACHs. Through the delivery of services, the position will contribute to the development, implementation, and refinement of psychological services delivered as part of this program.

Relationship management, including with staff at RACHs and participation in care team meetings will be part of the role. Interventions include individual and group delivery, within a stepped-care, health promotion and wellbeing model.

With a focus on client outcomes and experience, the clinician will also contribute to the continuous improvement of service delivery by engaging in professional development, clinical supervision, and the implementation of best practices within the program.

Position Responsibilities

Undertake a broad range of tasks which include but are not limited to the following activities;

1. Conduct mental health and wellbeing assessments, including interviews, use of standard measures and behavioural observations.
2. Develop comprehensive case formulations based on assessment outcomes.
3. Provide evidence-based interventions tailored to individual client needs.
4. Build rapport and maintain a therapeutic alliance with clients and relationships with staff at RACHs.
5. Maintain accurate and confidential client records in line with professional, legal and governmental reporting requirements. Including sharing relevant information with care team, with client consent.
6. Prepare reports for referring agencies or other stakeholders as required.
7. Provide supervision to junior staff and/or students.
8. Engage in regular clinical supervision to ensure ethical and effective practice.
9. Provide consultation or guidance to other professionals within multidisciplinary teams.
10. Adhere to professional standards, codes of ethics, and legal obligations (e.g., mandatory reporting).
11. Stay updated on changes to relevant laws, policies, or psychological practices.
12. Participate in ongoing training and professional development activities to enhance skills.
13. Engage with current research to inform and improve practice.

Required Skills, Knowledge and Experience

1. Completion of allied-health tertiary qualification (counselling, psychology, social work) and appropriate registration with the Australian Health Professional Regulation Agency (psychology) or accreditation with the relevant authority, e.g. Australian Counselling Association (ACA) or Australian Association of Social Workers (AASW).
2. Your own indemnity insurance.
3. Demonstrated experience in clinical assessment, treatment planning, intervention and reporting for a range of mental health disorders in adults.
4. Experience in a range of treatment modalities, including knowledge in CBT.
5. Knowledge of Reminiscence Therapy or willingness to learn would be highly regarded.
6. Experience or interest in working with older adults.
7. Experience in group program facilitation is highly desirable.
8. Strong commitment to provision of evidence-based and evidence-informed practice.
9. Positive attitude and genuine interest in improving the lives of older people.

Think Competencies

Strategic thinking: We use our insights, awareness and experience to add value.

Resourcefulness: We generate evidence-based solutions.

Relationship management: We value and invest in strengthening internal and external relationships.

Data fluent: We understand, interpret and use data effectively to inform our work.

Cultural competence: We seek to understand and respect the values and customs of other cultures.

Embrace uncertainty: We work with ambiguity and complexity.

Dedication to excellence: We have a genuine passion and commitment to quality health care.